

Tick Busters

LEARN THE FACTS ON HOW TO BE
A TICK BUSTER!



A FUN COLORING BOOK ABOUT HOW TO PREVENT TICK BITES!

TICK BUSTERS LIKE
PLAYING HIDE AND
SEEK OUTDOORS.
IT IS LOTS OF FUN!



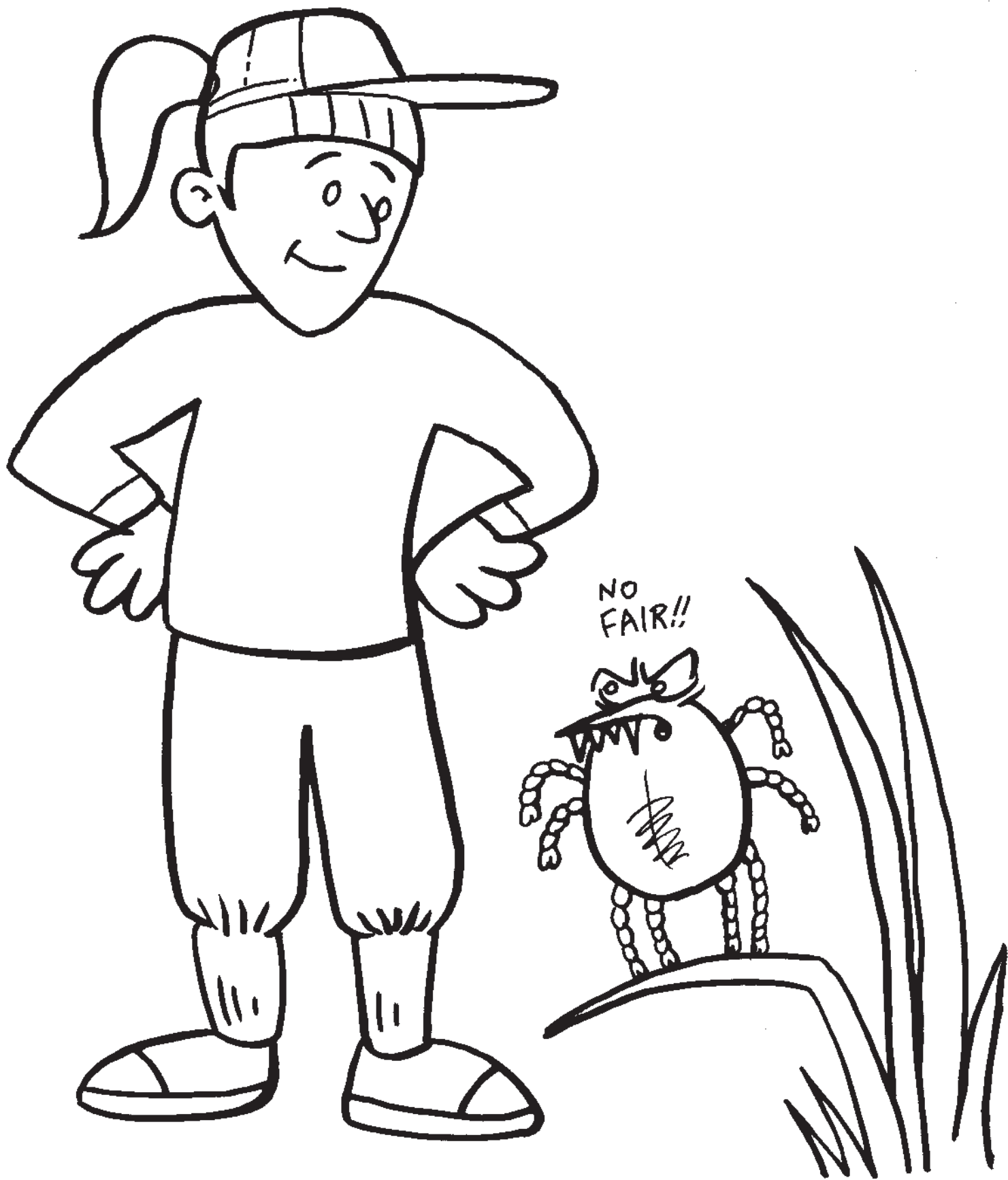
THEY KNOW THAT TICKS ARE NASTY BUGS THAT
CAN MAKE YOU SICK AND THEY LIKE TO PLAY
HIDE AND SEEK TOO!



TICKS LIKE TO HIDE IN TALL GRASS AND BUSHES.
THEY WAIT FOR SOMEONE TO COME ALONG AND
THEN THEY GRAB ON!



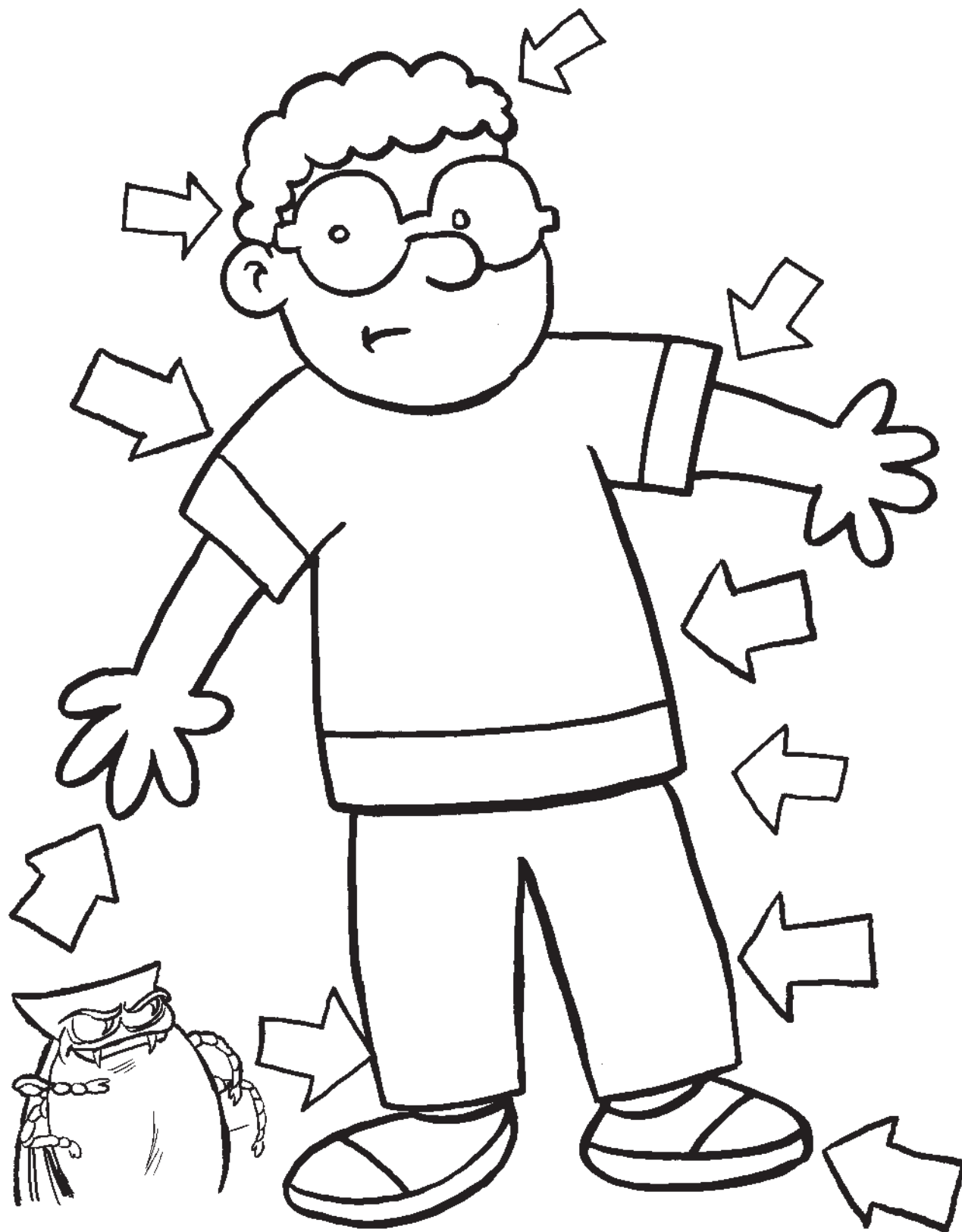
TICK BUSTERS USE REPELLENT TO HELP KEEP
THE TICKS AWAY! ALWAYS ASK A GROWN-UP
TO HELP YOU PUT ON REPELLENTS!



LOOSE, LIGHT-COLORED CLOTHING MAKES IT EASIER TO
SEE TICKS ON YOU. TUCKING YOUR PANTS INTO YOUR
SOCKS HELPS KEEP TICKS FROM CRAWLING UP YOUR LEG.



AFTER PLAYING ALL DAY, TICK BUSTERS ASK AN ADULT
FOR MORE REPELLENT IF THEY STAY OUTSIDE.



AFTER YOU PLAY OUTSIDE, CHECK FOR TICKS. TICKS
WILL CRAWL ALL OVER YOU UNTIL THEY FIND A TASTY
SPOT, SO YOU HAVE TO LOOK EVERYWHERE!



USE A MIRROR TO LOOK AT YOUR BACK. FEEL WITH
YOUR FINGERS IN PLACES WHERE YOU CAN'T SEE,
ESPECIALLY YOUR HAIR.

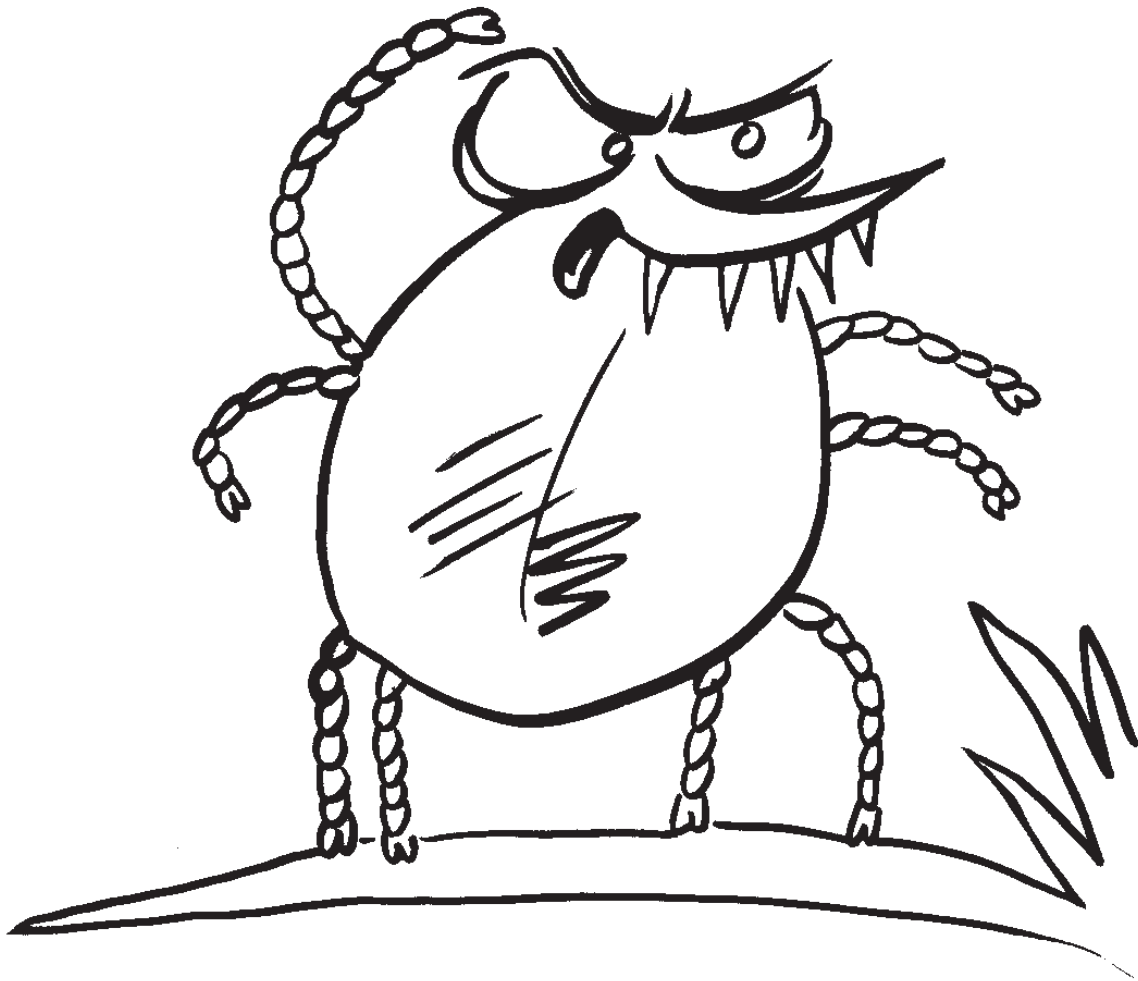
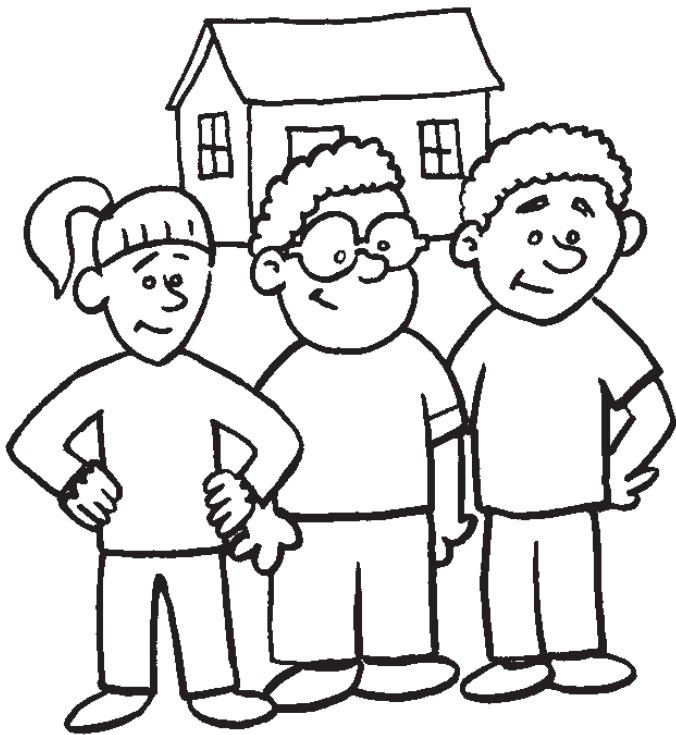


CHECK FOR TICKS WHEN YOU ARE IN THE BATH.
REMEMBER, TICKS CAN CRAWL ALMOST ANYWHERE!

EVEN IF YOU ARE VERY CAREFUL,
YOU MIGHT STILL GET A TICK
ATTACHED TO YOU.
WHAT SHOULD YOU DO?



THERE IS ONLY ONE CORRECT WAY TO REMOVE TICKS.
ASK AN ADULT TO USE A PAIR OF TWEEZERS. PULL GENTLY
ON THE TICK UNTIL IT LETS GO BY ITSELF.



TICK BUSTERS KNOW THAT ANYTHING YOU CAN DO
TO PREVENT A TICK BITE HELPS YOU STAY SAFE AND
HEALTHY. LEARN THE FACTS SO YOU DON'T GET SICK
FROM THE BITE OF A TICK!

PLEASE VISIT OUR WEBSITE
FOR MORE INFORMATION
ON TICKS AND TICK-BORNE DISEASES



NatCapLyme

The National Capital Lyme and Tick-Borne Disease Association

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